ABOUT IMHC

The Indiana Minority Health Coalition, Inc. (IMHC) is a statewide non-profit organization that exists to eliminate health disparities through research, education, advocacy, and access to health care services for minority populations.

Brief History

By 1990, seven local minority health coalitions had formed in Lake County (Gary); Madison County (Anderson); Marion County (Indianapolis); St. Joseph County (South Bend); Tri-County (Clark, Floyd, and Harrison (Jeffersonville)); Vanderburgh County (Evansville); Allen County (Ft. Wayne); Elkhart County (Elkhart); LaPorte County (Michigan City).

In 1992 these local minority health coalitions, with the assistance of the Indiana Black Legislative Caucus, met and developed the first 5-year Minority Health Strategic Plan for Indiana. Subsequently IMHC was created as a means to facilitate the adoption of the strategic plan as it passed through the legislative process.

The general consensus among the leadership was that the Minority Health Initiative needed one statewide entity that could serve as a focal point and a unified voice for the local coalitions’ concerns. Thus, IMHC was legally incorporated in 1994.
IMHC's MAJOR PROGRAMS AND SERVICES

Minority Health Initiative - IMHC provides funding to local minority health coalition affiliates and community based organizations. These help local organizations to carry out programs and services to improve health outcomes.

Research and Evaluation - IMHC collects, performs analysis, and disseminates information to influence minority health policy, program development and healthy lifestyle practices.

Technical Assistance and Training - IMHC provides capacity building and skills development services to help organizations provide high quality, cultural and linguistically appropriate services.

Education and Awareness - IMHC informs individuals and agencies on current health disparities and practical ways to join in the effort to reduce these disparities.

Internship - IMHC provides college and high school students exposure to a variety of health careers to increase the number of minority students entering the health professions.

Advocacy - IMHC works with policy-makers to develop, provide testimony on, monitor and/or evaluate services and issues that affect minority health.

Health Services Administration - IMHC administers health delivery services focused on special populations related to chronic disease and behavioral health.

Membership - IMHC offers individuals and corporations opportunities to join its effort to eliminate health disparities. Members are provided current data, policy information, discounts to sponsored events, and access to its affiliate networks.

Come and make a difference! Be a part of a forward movement!

Join today!
September 2012

Childhood Cancer Awareness Month
(September 1 - 30)
CureSearch for Children’s Cancer
info@curesearch.org
www.curesearch.org/ArticleView2.aspx?id=7750&I=8810&c=7eb54f

Healthy Aging® Month
(September 1 - 30)
Educational Television Network, Inc.
info@healthyaging.net
www.healthyaging.net/events.html

National Childhood Obesity Awareness Month
(September 1 - 30)
American College of Sports Medicine
com@acsm.org
www.healthierkidsbrighterfuturees.org/hom

National Sickle Cell Month
(September 1 - 30)
Sickle Cell Disease Association of America, Inc.
sccda@sicklecelldisease.org
www.sicklecelldisease.org

Prostate Cancer Awareness Month
(September 1 - 30)
ZERO - The Project to End Prostate Cancer
melissa@zerocancer.org
www.zerocancer.org

World Alzheimer’s Day
(September 21)
Alzheimer’s Disease International
info@alz.co.uk
www.alz.co.uk/adicwad/

Family Health & Fitness Day USA®
(September 29)
Health Information Resource Center
info@fitnessday.com
www.fitnessday.com

World Heart Day
(September 29)
World Heart Federation
info@worldheart.org
www.worldheart.org

October 2012

Health Literacy Month
(October 1 - 31)
Health Literacy Consulting
heier@healthliteracy.com
www.healthliteracymonth.org

National Breast Cancer Awareness Month
(October 1 - 31)
National Breast Cancer Awareness Month Board of Sponsors
nbcamquestions@yahoo.com
www.nbcam.org

Sudden Infant Death Syndrome Awareness Month
(October 1 - 31)
First Candle/SIDS Alliance
info@firstcandle.org
www.firstcandle.org

Mental Illness Awareness Week
(October 7)
National Alliance on Mental Illness
info@nami.org
www.nami.org

November 2012

American Diabetes Month
(November 1 - 30)
American Diabetes Association
askada@diabetes.org

Lung Cancer Awareness Month
(November 1 - 30)
Lung Cancer Alliance
info@lungcanceralliance.org
www.lungcanceralliance.org

National Alzheimer’s Disease Awareness Month
(November 1 - 30)
Alzheimer’s Association
info@alz.org
www.alz.org

National Family Caregivers Month
(November 1 - 30)
National Family Caregivers Association
info@thefamilycaregiver.org
www.thefamilycaregiver.org
FEATURED COALITIONS

The Indiana Minority Health Coalition, Inc. would like to increase the visibility of our Minority Health Initiative grantees so local communities are more aware of our local affiliates and the great programs and services that their organizations offer to community residents.

IMHC will highlight our affiliate coalition during each quarterly statewide newsletter in a effort to raise awareness about local and state initiatives that contribute to the reduction and elimination of health disparities.
HEALTH VISION OF FT. WAYNE

The Allen County Health Disparity (HealthVisions of Fort Wayne) has gone international with its Diabetes Self Management Program and Chronic Disease Self Management Program! The MHC affiliate created a partnership with the Puerto Rico Department of Public Health (PRDOH) to provide staff training for the two chronic disease programs to target the Latino population. Both programs are evidence based program of Stanford University Patient Education Programs. HealthVisions Community Educator Zenaida Velez-Chandler traveled to San Juan, Puerto Rico in July to begin the series of trainings.

"This is an incredible opportunity to expand our community capacity to better address diabetes and other chronic disease in Allen County," said Renetta Williams, HealthVisions Director. After completing the series of trainings in Puerto Rico Zenaida will receive certification as a CDSMP Master Trainer in both English and Spanish in two self-management programs.

MADISON COUNTY MINORITY HEALTH COALITION

Sherry Peak-Davis, Director of the Madison County Minority Health Coalition (MCMHC) has added television spokesperson/advocate to her repertoire! Sherry along with five other community coalition partners participated in a commercial to increase awareness about healthcare coverage and enrollment in Madison County.

Sponsored by The Madison County Covering Kids and Families Coalition (CKF) the locally produced commercial will run on Comcast from June, 2012 through September, 2012. The commercials will run a total of 933 times on five family-orientated stations; including TBS, Animal Planet and ABC Family.

Filmed in one day, the spot uses local CKF Coalition members from Madison County. The participants speak about the importance of health insurance and urge viewers to call the local CKF hotline if they are uninsured.

View the commercial at: http://youtu.be/vsEwM3SSpE
FAMILY SERVICES ASSOCIATION OF HOWARD COUNTY
DBA MINORITY HEALTH ALLIANCE OF HOWARD COUNTY

MHAHC had a record breaking 2011-12 year in providing health related programs to the Howard County Community.

One of our programs Shinning Smiles, MHAHC reached out to FD Reese Academy as an opportunity to conduct the comprehensive Oral Hygiene program for the community youth. The Academy Director was enthused to be part of such a wonderful program after reviewing the lesson plan, and this was folded right into a weekly lesson plan that went extremely well. During the fourth session, Dr. Harold King, a retired dentist that enjoys the opportunity to teach youth about oral hygiene along with the many items (various dental mold constructions / tools) used when it comes to the overall art of Dentistry. He was extremely challenged with this elite group of youngsters that asked the most intelligent questions based on information from the first three lessons. There are plans to conduct this program during the fourth quarter of 2012.

HANNA COMMUNITY CENTER-TIPPECANOE

Hanna’s Minority Health Initiative offers educational presentations, awareness activities, and health screenings through Health Fairs and coordinated efforts with the following organizations: Kidney Early Evaluation Program (KEEP), Ivy Tech Community College Outreach Program, St. Elizabeth School of Nursing, Purdue University’s various colleges and departments, and Community Organizations. Salsa, Sabor y Salud, is a nutrition program offered to the Latino Community that teaches Latinos how to modify the foods they eat to make them healthier and also addresses the importance of family and physical activity.

Interpreter is available to assist families with scheduling and interpreting at medical appointments. Enrollment services are available for those individuals needing assistance with health related enrollment forms. Referral services and follow-up is also available to ensure that individuals have adequate access to needed services in the community.
HOSPITALITY & OUTREACH FOR LATIN AMERICANS (HOLA)

HOLA (Hospitality and Outreach for Latin Americans) has been part of the Indiana Minority Health Coalition since 2006.

Located in Vanderburgh County, HOLA has been the leading organization serving Latinos in the area. Our mission is to enhance appreciation of cultural diversity and promote the successful inclusion of the Latinos in the Community. Towards this mission, during the last ten years the Organization has developed programs and interventions to provide the Hispanic Community with the education and skills needed to become healthy and productive members of the overall community, reduce health disparities and help improve Indiana's health Indicators, through two main initiatives, HOLA Salud! (HOLA Health), which is our health related component; and La Academia (The Academy) the umbrella for all education and cultural interventions.

VIGO COUNTY MINORITY HEALTH COALITION

The Minority Health Coalition of Vigo County (MHCVC) was formed in 1994 and exists to support the community by enhancing the quality of life for racial ethnic minorities through education and advocacy regarding healthy lifestyle choices. This spring, MHCVC welcomed Dinah Farrington, the new Executive Director/Program Coordinator who comes alongside the dedicated Board to excitedly take the organization to new heights. Before joining the MHCVC, Dinah was a lobbyist for various nonprofit organizations for 25 years, focusing on health issues. MHCVC’s focus is on diabetes, obesity, and asthma as these diseases are rampant in the community and affect all ethnicities. MHCVC is branching out with programs such as Operation Fit Kids- in collaboration with CHANGEs for Indiana Youth to do after school programming this fall; nutrition classes in collaboration with the Purdue Extension office; and the Diabetes Empowerment Education Program & Tobacco Control (DDEPTC) which will begin in October, targeting senior housing to provide programming on site where seniors live.
FALL SEASON HEALTH TIPS
Stay safe and healthy this autumn!

Take steps to prevent the flu
You should get vaccinated every year for two reasons. The first reason is that because flu viruses are constantly changing, flu vaccines may be updated from one season to the next to protect against the most recent and most commonly circulating viruses. The second reason is that a person’s immune protection from vaccination declines over time so annual vaccination is needed for optimal protection. So, yearly vaccination is recommended even for those who received the vaccine during the previous flu season. The single best way to protect against the flu is to get vaccinated each year in the fall. Cover your nose and mouth with a tissue when you cough or sneeze. Wash your hands often. Stay home if you get sick.

Get smart about antibiotics
Antibiotics can cure bacterial infections, but not viral infections. The common cold and the flu are viral infections, so avoid using antibiotics if you have one of these. Using antibiotics when they are not needed causes some bacteria to become resistant to the antibiotic, and therefore stronger and harder to kill. See your doctor or nurse to find out if your illness is bacterial or viral.

Have a safe and healthy Halloween
For many people, autumn events like Halloween and Harvest Day are fun times to dress up in costumes, go trick-or-treating, attend parties, and eat yummy treats. These events are also opportunities to provide nutritious snacks, get physical activity, and focus on safety. Make Halloween festivities fun, safe, and healthy for trick-or-treaters and party guests. Swords, knives, and similar costume accessories should be short, soft, and flexible. Avoid trick-or-treating alone. Walk in groups or with a trusted adult. Fasten reflective tape to costumes and bags to help drivers see you. Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat. Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don’t run from house to house. Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation. Look both ways before crossing the street. Use established crosswalks whenever possible. Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe. Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers. Enter homes only if you’re with a trusted adult.

Be prepared for cold weather
Exposure to cold temperatures can cause serious health problems. Infants and the elderly are particularly at risk, but anyone can be affected. Know how to prevent health problems and what to do if a cold-weather emergency arises. Remember that using space heaters and fi replaces can increase the risk of household fi res and carbon monoxide poisoning.

Keep food safe
Food is center stage during the holidays. Be sure to keep it safe by following basic food safety steps. Clean hands and surfaces often. Separate foods to avoid cross contamination. Cook to proper temperatures. Chill promptly.

Wash your hands
Keeping hands clean is one of the most important steps you can take to avoid getting sick and spreading germs to others. It’s best to wash your hands with soap and clean running water for 20 seconds. If that’s not possible, use alcohol-based hand rubs.

For more information, visit:
www.cdc.gov/family/autumn/index.htm
FOR A COMMUNITY EVENTS CALENDAR, PLEASE CONTACT!

American Indian Center of Indiana
2236 East 10th Street
Indianapolis, IN 46201
(317) 917-3000
dpoe@americanindiancenter.org

Asian Services of Indiana
1829 Cunningham Road
Indianapolis, IN 46224
(317) 339-7461
rajuchinthala@gmail.com
rsoliven@umail.iu.edu

Awe Center
15200 Cumberland Road
 Noblesville, IN 46060
(317) 491-5576
rmgwilliams@yahoo.com

Community Action Program of Evansville and Vanderburgh County, INC. (CAPE)
401 South East 6th Street, Suite 001
Evansville, IN 47713
(812) 492-3938
(812) 491-6147 (fax)
evinters-brown@capeevansville.org

Delaware County Minority Health Coalition
221 South Grant Street
Muncie, IN 47302
(765) 284-6904
(765) 284-6998 (fax)
dcmhct123@aol.com

El Centro Comunal Latino
303 Kirkwood Avenue
Bloomingtion, IN 47401
(812) 355-7513
(812) 855-9788 (fax)
eicentrocomunal@gmail.com

Elkhart County Minority Health Coalition
P.O. Box 218
Elkhart, IN 46515
(574) 522-0128 or (574) 538-9180
(574) 293-1403 (fax)
elkmhc@aol.com

Esperanza En Jesucristo
622 Madison Avenue, Suite 6
Greenwood, IN 46142
(317) 881-4673
(317) 881-4655 (fax)
margarita@esperanzajesus.org

Family Services Association of Howard County dba Minority Health Alliance of Howard County
618 South Main Street
Kokomo, IN 46901
(765) 457-8313
w.siroman@comcast.net

Grant County Minority Health Coalition
4201 South Western Avenue
Marion, IN 46953
(765) 674-5620
(765) 674-6618 (fax)
TheHealthy007@sbcglobal.net

Hanna Community Center-Tippecanoe
1201 North 18th Street
Lafayette, IN 47904
(765) 742-0191
VeronicaJ@hannacnr.org

Health Vision of Ft.Wayne
2135 South Hanna Street
Ft. Wayne, IN 46803
(260) 745-1600
(260) 745-1313 (fax)
rwilliams@hvusa.org

Hospitality & Outreach for Latina Americans (HOLA)
123 Main Street
Evansville, IN 47630
(812) 435-0942 or (812) 431-8076 or (812) 431-8075
(812) 858-0210 (fax)
monicalamadrid@holaevansville.org
alfonsosolva@att.net

Lake County Minority Health Coalition
1814 West 5th Avenue
Gary, IN 46404
(219) 886-3648 or (219) 614-6247
(219) 886-2166 (fax)
rthomas601@aol.com
FOR A COMMUNITY EVENTS CALENDAR, PLEASE CONTACT!

LaPorte County Minority Health Coalition
450 St. John Road, Suite 109
Michigan City, IN 46360
(219) 679-1712 or (219) 221-0190 or (219) 819-9575
mhclcr1940@sbcglobal.net

Latino Health Organization
311 North New Jersey Street
Indianapolis, IN 46204
(317) 972-4564
vin nadaz@hotmail.com

Logansport Memorial Community Foundation
1801 Smith Street
Logansport, IN 46947
(574) 722-4451 ext. 223
(574) 722-3447 (fax)
mnorey@areafive.com
ezeider@areafive.com

Madison County Minority Health Coalition
1407 Arrow Avenue
Anderson, IN 46016
(765) 641-8075 or (765) 651-8076
mhccomadisoncounty@ametech.net

Marion County Minority Health Coalition
3266 North Meridian Street, Suite 704
Indianapolis, IN 46208
(317) 926-1170
(317) 926-1174 (fax)
mhcmarion@yahoo.com

Northern Indiana Hispanic Health Coalition
444 North Nappanee Street
Elkhart, IN 46514
(574) 522-0086
(574) 522-0354 (fax)
lquintero@nihhc.com

Partnership for Health Equity
2400 East 17th Street
Columbus, IN 47201
(812) 376-5839
(812) 376-5831 (fax)
mcaudill@em.org
ihurt@crh.org

Purdue Learning Center Extension of Clinton County
1111 South Jackson Street
Frankfort, IN 46041
(765) 659-6380
(765) 659-6382 (fax)
chouchou@purdue.edu

St. Joseph County Minority Health Coalition
2015 Western Avenue, Suite 124
South Bend, IN 46619
(574) 232-4234 or (574) 276-5842
(574) 232-4232 (fax)
karlinicols@stjoemillitaryhealth.org

Wayne County Minority Health Coalition
33 South 7th Street
Richmond, IN 47374
(765) 973-8766
(765) 983-2313 (fax)
waynemhc@gmail.com

Vigo County Minority Health Coalition
3101 South 13th Street, Suite 6
Terre Haute, IN 47802
(812) 234-8713 or (812) 234-8718
vminho02@gmail.com
IMHC BOARD & STAFF

Administrative Department
- President & CEO: Nancy Jewell, BA, BS, MPA
- Executive Assistant: Shanta Harris
- VP & Chief Operating Officer: Carl Ellison
- Executive Assistant: Leshia Bostick

Multicultural Programs & Initiatives
- VP of Planning & Program Development: Calvin Roberson, MHA, MPH
- Director of Multicultural Affairs: Morelia Dominguez
- Sr. Minority Health Field Consultant: Anthony de Jesus, LND
- Minority Health Field Consultant: Devina Jami, MSW
- Minority Health Field Consultant: Tanya E. Johnson, MA, MPA

Research Department
- Director of Research: Anita Ohmit, MPH
- Research Associate: Chandana Saha, PhD, MPH
- Research Assistant: Rosana De Jesus, LND
- Data Analyst: Siqu Dai, MPH

Finance Department
- Chief Financial Officer: Wesley Lancaster
- Director of Finance: Eva Hillman
- Accountant: Brad Long
- Finance Clerk: Dot Wilson

Technology Department
- VP of Technology & Marketing: Peter Whitted

Graphic Artist Comm. Specialist: Michael P. Russell

Officers
- Chair: Jannell Burks-Craig
- Vice Chair: Tony Kirkland
- Secretary: Barb McLain
- Treasurer: Karen Holly

AT-Large Members
- Al Bracken
- Clara Walton
- Jannell Burks-Craig
- J. Guadalupe Valtierra, Chancellor
- Karen Holly
- Pat Rooney
- Tony Kirkland
- Virgil Madden
- William Crawford

Coalition Presidents
- Alice Weathers
- Arvis Dawson
- Clarence Brown
- Diana Carolina Hart
- Elijah Thomas
- Joanne Camarillo
- Johnnie Washington, MSW
- Kevin Woodgett
- Michelle Satterfield
- Moses Deese
- Rev. Thomas D. Fuller Jr. (Interim)
- Tyrone Armstead